

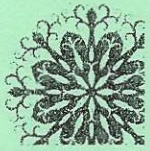


# Living with Grief

## Support Groups

Calendar: January – April 2019

**\*\*Weather – Your safety is important to us. Please check [wmur.com](http://wmur.com). If school is closed in the town where group is held, group is cancelled.\*\***



**Living with Grief (adult, weekly):** Offers adults a weekly space to connect, to learn about grief, discuss ways of coping with loss, and gain support of others in a safe, caring environment. Open to anyone who has lost a loved one at any age to any circumstance. Non-religious. Please call to register and for locations.

<b>LACONIA (7wks)</b>	Thursdays	3:30 – 5:00pm	Jan 24 – Mar 7
<b>TAYLOR HOME, LACONIA (4wks)</b>	Wednesdays	2:00 – 3:00pm	Jan 30 – Feb 20
<b>MOULTONBORO (4wk)</b>	Wednesdays	4:00 – 5:30pm	Jan 30 – Feb 20
<b>WOLFEBORO (7wks)</b>	Tuesdays	2:00 – 3:30pm	Mar 5 – Apr 16



**Parent Circle (adult, monthly):** A circle of support for parents who have lost a child at any age to any circumstance. We encourage you to come as individuals or together with partners. Non-religious. Come to one or both locations. We welcome you to drop-in as meets your needs, but appreciate a call to let us know you are coming.

<b>WOLFEBORO (monthly)</b>	2 <sup>nd</sup> Tuesdays	6:00 – 7:30pm	Jan 8, Feb 12, Mar 12, April 9
	<i>First Congregational Church, 115 South Main St.</i>		
<b>LACONIA (monthly)</b>	4 <sup>th</sup> Thursdays	6:00 – 7:30pm	Jan 24, Feb 28, Mar 28, Apr 25
	<i>Central New Hampshire VNA &amp; Hospice, 780 N. Main St</i>		



**Annual Interfaith Service of Remembrance:** A service to celebrate loved ones who died in hospice care and all others whom we have lost and hold in our hearts. Music by our hospice volunteer choral group, Tides of Harmony. Readings and words of remembrance by hospice volunteers and staff and local community members. Offered each autumn in Laconia and each spring in Wolfeboro.

<b>WOLFEBORO</b>	Sunday	May 19, 2019	4pm	First Congregational Church
<b>LACONIA</b>	Sunday	TBD Nov 2019		Good Shepherd Lutheran Church

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