

What to expect this year?

Our core program will explore the first pillar of the Catechism: *The Profession of Faith*. All children, grades K-8 will be using the at-home, family based curriculum from Sophia Press titled, “Family of Faith.” This includes hard copy guides and activities, as well as online resources.

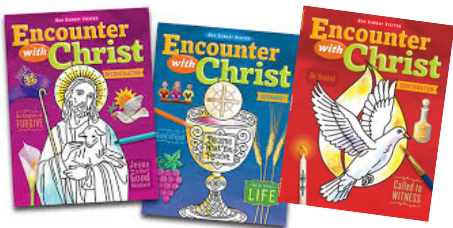


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- Each month, beginning in September and ending in April, families will attend one in-person session that covers the topic for the month and walks them through the suggested at-home dialogue and activities.
- Throughout the month, parents will engage their child(ren) with three to four multi-age guided activities that take 5-15 minutes each. Child(ren) will also complete age-appropriate activities in the Activity Book.
- The St. Joseph Parish *G.I.F.T.* Team will provide complementary age-appropriate sessions for children and parents each month to support the mission and to maintain a personal connection with the wider parish community.

Has your child received the Sacraments?

Sacramental Prep is a two-year program (*typically, grades 2-3*) in which every child prepares for three Sacraments, receiving the Sacrament of Reconciliation at the end of Year 1, followed by the Sacraments of Confirmation and Holy Communion at the end of Year 2.



- In addition to the monthly activities on the Creed through the Sophia Press curriculum above, children in Sacramental Prep will receive take-home materials relevant to the Sacrament(s) they are preparing to receive.
- Each prep year, the children will participate in two on-campus retreats (with at least one parent present) as well.

*Visit the parish website for more details about these programs: www.stjosephparish.org